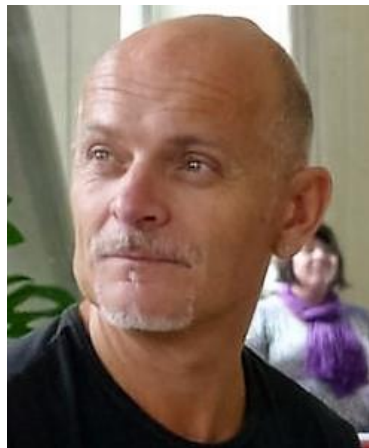


# GARY CARTER

## **PELVIC BALANCE AND CONNECTIONS** ***A Central Mechanism of Motion***

SUNDAY 9 SEPTEMBER 2018  
CAVENDISH PAVILION  
Field End Road, Eastcote, HA4 9PG  
10.00pm to 4.00pm - £51



We explore a day of Structural and Experiential Myofascial Anatomy related to the Pelvis, its relationship to Postural Balance and freedom through Yoga and movement practise.

*Gary Carter - KMI Structural Integration, YTTC, LTG Dip has been teaching and practising yoga and various other movement practices for 30 years. Over the past 16 years he has lectured in Movement Anatomy for Yoga, Yoga Teacher Training, Pilates teacher training and massage schools all over the UK. He has run the Science of Movement course at Middlesex University from 2007- 2011 and studied in Dissection at the Institute of Anatomy in Vienna. He continues to run his Anatomy and Yoga courses in England, Scotland and Ireland.*

.....Please detach and retain top half.....

### **Gary Carter - 'Pelvic Balance and Connections'**

SUNDAY 9 SEPTEMBER 2018 10.00am - 4.00pm  
Application Form - Cost £51

Name.....

E -Mail Address.....

Telephone Number.....

Please make cheques payable to: J Barker 14 The Uplands Ruislip HA4 8QN. BACs 08-92-86 16087499  
Telephone: 01895 675426 07876 207408 e-mail [Jackie@yogawithjackie.co.uk](mailto:Jackie@yogawithjackie.co.uk) [www.yogawithjackie.co.uk](http://www.yogawithjackie.co.uk)

NB. If people have to withdrawn I'll always offer a full refund with 1 month's notice and a 50% refund with 14 days notice if there is no waiting list.