



2017

Cavendish Pavilion
Eastcote HA4 9PG

Wednesday 6.15 - 7.45pm

Wednesday 8.00 - 9.30pm

These classes are tutored by Jackie

These classes have been established for many years, but both are geared towards a basic practise, mixed ability group suitable for beginners. The 6.15pm time is ideal for school teachers to recharge their batteries and then get an early night. The later 8pm class is a great group, where, as well as practising asana and relaxation, we explore different pranayamas (breathing practises)

11 January - 29 March - 11 weeks - £99

Half Term w/c Mon 13 February

19 April - 5 July - 11 weeks - £99

Half Term w/c Mon 29 May

Summer School 7.30pm

12,19,26 July 2 August - 4 weeks - £40

6 September - 6 December - 13 weeks - £117

Half Term w/c Mon 23 October

NOTE: Payment for each course is in advance.

NOTE 2 cheques will be accepted; one current and one post-dated to the Monday of 1/2 term.

NOTE: Full payment if paying by bank transfer. Please contact for details.

NOTE: Drop-in classes £12 per session if places available.

Cheques payable to:- Jackie Barker, 14 The Uplands, Ruislip, HA4 8QN.

Tel: 01895 675426 07876 207408 e-m: jackie@yogawithjackie.co.uk www.yogawithjackie.co.uk

-----**PLEASE DETACH AND RETAIN TOP HALF**-----

Booking Slip

Wed (delete) 6.15/8.00pm

Summer School 7.30pm

Name.....

E-Mail Address.....

Tel (land line)

Course Paid £.....

Tel (mobile).....