



Cavendish Pavilion, Field End Road, Eastcote, HA4 9PG

Monday 9.30 - 11.00am with Jackie

Monday 6.15 - 7.45pm with Jackie

Monday 8.00 - 9.30pm with Jackie

Monday 7.45 – 9.15pm with Gilly

Monday 8.00 – 9.30pm with Natasha

Tuesday 7.30 – 9.00pm with Natasha

Wednesday 9.30 – 11am with Jackie

Wednesday 6.15 - 7.45pm with Jackie

Wednesday 8.00 - 9.30pm with Jackie

Thursday 9.30 - 11.00am with Jackie

Thursday 7.30 – 9.00pm with Jackie

Monday 7.45pm class is held at the Fairway, Ruislip Golf Club, W.Ruislip.
All other classes are at the Cavendish Pavilion.

All classes (except Wed 8pm) are mixed ability and are suitable for beginners.
The Wednesday 8pm class offers an in-depth study of Yoga for practising students.
The Monday and Tuesday classes with Natasha tend to specialise in beginners.

Classes are run as a course, which lasts for a school term
Money is payable in advance.
Drop-in is available by arrangement.

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